



DECEMBER 2021

The Totara House Garden

This week the Matakohē Garden Circle had its monthly get together at Matakohē's Totara House, giving the gardens a thorough tidy up for summer.

Around 25 gardeners, many of whom were familiar with the house and gardens from previous visits (including members of the Smith family), spent the morning freeing dahlias and heritage roses from over-enthusiastic cineraria and privet, trimming the hedges, and weeding paths and garden beds. The house was open for an airing, and the gardeners were able to have a tour after their toil - and enjoy tea and pikelets in the shade of the Puriri on the front lawn. The time and enthusiasm of the volunteers was very much appreciated by The Kauri Museum, which was bequeathed the house by the late Mavis Smith.

Covid and resultant low visitor numbers has played havoc with Museum volunteer activities. Volunteers are an important and valued part of the Museum, helping with keeping the museum looking good, assisting the curators, fixing and operating machinery and lots more.



Please contact the Museum if you are interested in finding out more.

Grant O'Neill



Community Activator

Progressive Paparoa are thrilled to announce the appointment of Val Faulkner to the role of Community Activator. Val is a long-term local having been born in Nurse Cavell Hospital and resident of Pahi for many years. Her working life has seen her living away from the district in many and varied roles in the corporate sector. Now residing in Paparoa she is keen to contribute to the development of the district as a Community Activator.

PPI has established this part-time paid position to advance some of the activities and projects that need more energy to make them happen. Among Val's first tasks will be to develop a work plan for the Village Green playground enhancement. This has been on the books for a while and will be a dramatic improvement to the area. PPI Chair, Graham Taylor said "This is a big step forward for PPI as it will take some of the workload off the volunteers. Val is an excellent choice as she believes in the distinctive character of Paparoa and has the skills to make things happen. As a community initiative, the views of the community will be front and foremost in her work."

PPI

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The team at Paparoa Press would like to thank all our advertisers, contributors, proof-readers and you - our readers, for your continued support through what have been a tough couple of years. We wish you all a very merry Christmas and a happy and safe New Year. Bring on 2022!

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CONTACT US -

- press@paparooa.org.nz
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The Paparooa Unserious Book Club

Over the last 18months this has been a hit and miss affair, much to the disappointment of us all.

As we don't have a huge space for the monthly get together we've had to just be guided by the rules and of course when the library has been closed the book club hasn't happened at all.



Sometimes the stories we tell are just amazing, hilarious, sad, unbelievable.

THEN there are the books we discuss - and what a wide range of titles and reading material we all devour each month. We have prolific readers, kindle readers, spooky story

readers, romance, and a wide genre of titles discussed. The best part is that we get new recommended titles which turn out to be really popular with our library patrons.

Dare I say it- the Librarian has struggled to read books over the past 2 years but I'm back into it - the only book I had read at the last meeting was "The Uncommon Reader" by Alan Bennett. A rather small book but a very fascinating fiction story about the Queen, who finds a mobile library in the grounds of Buckingham Palace.

Start up a Book Club they said- it will be fun they said. AND you know it really is something I'm glad we got underway.

Jas, Paparooa Community Library Manager

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**Member-Northland District Health Board
Libby Jones – Rural Support...**

I have been a member of the Northland Rural Support Trust Board for the last seven years, more recently as Deputy Chair, and am finishing my term at the end of this year. There are 14 regional Rural Support Trusts set up across New Zealand serving the different rural communities.

When I joined there was a major focus on adverse events in the rural areas such as droughts and floods and Northland has had their fair share of them in the last seven years. With my background in health and social services I was particularly interested in support for health and wellbeing in rural communities, which has steadily increased in priority over this time. Rural people helping rural people is the focus and each regional trust has Ag Facilitators who support individual farmers and refer on as needed.

Some funding comes from government (MPI) to support adverse events responses, short or longer term, and some to maintain "business as usual" offering support for financial, animal welfare and employment challenges.

A national line for contact 0800 787 254 links to each regional trust. Our area covers parts of Auckland and Northland and our Te Tai Tokerau Co-ordinator is Rebekah Sulman based in

the south of Northland.

Organisations such as NRST do not work in isolation to support rural communities and are part of the Northland Adverse Events Team which includes NDHB, Civil Defence, Councils, and other primary industry groups and networks. They all share vital information and contacts to be able to respond quickly and appropriately, and can mobilise people, resources, animal feed, welfare assistance etc when adverse events occur.

Check out the website and Facebook page for great information to support our rural lifestyles:

www.rural-support.org.nz/Regions/North-Island/Northland or www.facebook.com/NorthlandRST

COVID 19 is a new sort of adverse event probably not imagined when RSTs were being set up. However the same principles of collaboration, networks sharing and focusing on the bigger picture are at play now across Northland and nationally.

Preparing for COVID 19 on Farm is a current focus and involvement in the Northland DHB led COVID in the Community response. With the change to Community Self Isolation (C-SIQ) there are a number of logistical things that need to occur when a COVID case is positive in a rural community. There have been quite a few of these lately and this is predicted to increase over January and February as people move around Northland more over the summer. Sensitivities such as privacy of the cases is an important factor too, as people get supported to safely isolate and communities know what they need to do to remain safe - get vaccinated, get tested and scan in.

Have a great summer Kaipara.

Libby Jones
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We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

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Community Pulls Together For Paparooa Wetland

The Paparooa Lion's walkway wetland area was planted out in a joint community effort in September. The project is part of an effort initiated by Lions coordinator, Jim Rowlands, to prevent silt from running into the harbour and also to increase the habitat for native birds in the area. He dreams of brown teal being able to come back to the area. Meanwhile his pest control efforts for the last 20 years means the rare bittern and banded rail are still able to live in the wetland.

Jim was donated plants by Kauri Park Nurseries and Otamatea Harbour Care and some plants for biodiversity were grown by Jacque Knight. Some have gone in earlier to the slopes at the Pahi Road end, where the farmer has retired the land to be planted and Jim then cleared the weeds for planting

in the open wet area before the second bridge.

Enviroschools Facilitator for Northland, Jacque Knight, who has been bringing Ruawai students to the wetland for several years as part of their learning for sustainability and horticulture classes, joined forces with Jim and contacted the college to help out with the wetland planting.

Ruawai College were keen and Deputy Principal Jay Warren brought along a large group of students. Jay is working with Enviroschools to lead the school toward a collaborative approach where the students work on real life projects that connect them with the community and the environment,

Working with Primary Enviroschools facilitator, Jane Norman, he invited local

primaries Paparooa, Tinopai and Matakoho along too.

Older students from Ruawai College, who had been coming to the wetland were given leadership roles and did a wonderful job of guiding the younger students. Northland Regional Council sent along two land advisors, including a local



from Tinopai, Tahiroa Bishop, who spoke to the students about their jobs and land management and dug a good deal of plants in too. Wayne Young from Otamatea Weed Control Group supported as did Mark Vincent, from Otamatea Harbour Care, who also stored the plants in his nursery over summer.

And, yes, it rained! Undaunted, muddy and wet the team finished in just 3 hours.

It is great to see so many people coming together to care for our environment on the day and also to know they are out there working away year round - and in the classrooms too.

LR



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Council Mark says – Even The Longest Journey Starts With The First Step

You may be aware that Council has recently set itself some targets for reducing greenhouse gas emissions. The comments which follow are not official council policy, so bear with me. Inspired partly by a programme on the television called (I think) “2040”, I gained the following insights: it makes sense to focus on reducing energy consumption and on reducing pollution in our own back yards- these are things we can influence and we can see direct results from.

Reducing consumption should result in cost savings but would also mean changing habits. A point I have made at the council table is that we should be looking at the climate adaptation issue through the lens of saving costs, and also opportunities to make better use of existing resources. It has been said that there’s no such thing as waste, just things we haven’t found a use for yet. That’s the justification I give to my wife for not throwing stuff away, and I’ll stick with it. Mind you, if you throw vege scraps away in a heap you can end up with compost for the garden. Hot news when writing this column was the discovery that by adding the ‘flocking agent’ iron sulphate to dairy shed effluent it separated the polluting solids from the water so the water could be re-used and the solids could still be returned to the

paddock as fertiliser. This treatment apparently also has the effect of preventing most of the methane which would otherwise enter the atmosphere from doing so. Maybe this is something which can be applied to our council sewerage ponds. As an organisation, KDC’s single biggest contributor to greenhouse gases arises from our public sewerage schemes. Wouldn’t it be great if the resulting sludge was suitable to be used as fertiliser or compost as well? I’ll make enquiries.

To be honest folks, I get depressed every Christmas because people seem to feel the need to buy/consume stuff to excess to make them feel happy. The results are so often the opposite. If you can make a choice (and not everyone has that option) please choose quality over quantity.

Just to finish this on the right note I’ll call upon Joe Cocker to deliver the message as he did at Woodstock over 50 years ago: www.youtube.com/watch?v=NR-H2uFCQls

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Otamatea Ward Councillor
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Lights On At Twin Streams

Another milestone has been reached at the Twin Streams Wai Oranga Rua subdivision in Franklin Rd with the switching on of the streetlights and the pedestrian way bollard lighting. This is a sign that when the remaining work on Arahanga Rd is completed the subdivision will be pretty much open for business. All that remains is for Kaipara Council to issue a 224C Certificate and Land Information NZ to process the new titles. With the holiday shutdown looming this will not happen until the New Year. The Paparoa Community Charitable Trust is confident that barring any unforeseen holdups the new titles will be available in the first quarter of 2022. The trust’s vision of a completed subdivision and the availability of retirement housing for Paparoa will finally come to fruition.

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Letters from The Old Post Office... The Country Life



Ah, that perennial dream, the rural idyll. Green spaces, gently weeping trees, the distant (about 20 kms) crow of the rooster signalling dawn, the burble of the stream, the bleat of the friendly sheep, the one fingered salute as you patiently wait for your neighbouring farmer to move stock across the road from one field to another.

The glass of wine in the spa before dining on a light omelette from the free-ranging hens and salad foraged from the garden. In short, enjoying the stillness, the quiet of which P.G Wodehouse wrote "those still evenings you get in the summer, when you can hear a snail clear its' throat a mile away."

Oh, the dream....

Well Dear Reader, where should one start? Perhaps the stock? The sheep that always find the weakest spot in the fence, generally just as you are about to go out. Or, when you are finally OUT and the neighbour phones to inform you that the sheep have eaten/trampled/ savaged their prized courgettes/dahlias or even WORSE ravaged their prize ewe. Or the way that moving stock across the road is not always a process that runs smooth, although the evacuation of their bowels certainly is. And, of course there is always that beast that terrifies the more timid of us. Again, Bertie Wooster manages to describe his feelings about certain country inhabitants with his customary eloquence "It was a silver cow. But when I say 'cow', don't go running away with the idea of some decent, self-respecting cudster such as you may observe loading grass into itself in the nearest meadow. This was a sinister, leering, Underworld sort of animal, the kind that would spit out of the side of its mouth... The sight of it seemed to take me into a different and dreadful world."(1)

Then roosters. Roosters that crow ALL night but can not be found during daylight hours. The free-range hens that are masters of the art of the hidden nest until appearing with 3,000 baby chicks and most of them cockerels. And do not even think about watch dog geese. Wall to wall poo and generally a deep and abiding hatred of small children (understandable, but potentially lethal as my son can lay testament. Oh, unnatural mother, who lay weak with laughter rather than leaping

to child's defence. However, I believe his athletic abilities stem from this adrenaline fuelled adventure).

But, I digress.

The gently weeping trees that grow best where you do not want them and not where you do. Although strangely they manage to seed prolifically despite being told that they are sterile.

The mosquitos that come out at night in their hordes, rendering any spa experience hideous. The cracking of the solitary egg discovered in the garden to discover it is fertilised (some time ago) and thus suffering waves of guilt for the rest of the night. Your children referring to you as chick murderer for days, leading to city friends making quite unfair assumptions.

The silence of the night torn apart by the scream of possums having a party and the wail of peacocks, uneasily reminiscent of the cry of the lost and abandoned child. (For some reason, reminding me of the story of Hansel and Gretel). Yet, that glow in the soul when the stock is safely in its' place, the roses (of course) scenting the night air, the neighbouring farmer's friendly acknowledgement of your patience and the sweetest fluffed chicks scratching the newly planting seedlings up. (Surely, only a few are roosters in the making)?

And don't forget the best thing about living in the country "...is that when you don't know what you're doing, someone else does." (2) Always.

1.- P.G. Wodehouse, The Code of the Woosters
2.- Immanuel Kant.

Deb

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Greetings everyone- the Library has been fairly steady throughout the last few weeks and we are managing Level 2 requirements for all. The only thing I want to remind people is that if you are unwell for any reason please stay at home- contact Jas 0226781474 and we can do a click and collect option for books that you might like. We can also get titles in from the other 4 Kaipara District Libraries.

We put new books out at the end of October and they barely got to the shelves before being eagerly snapped up. We are now patiently awaiting two lots of orders of new books which, like most of the mail, are slowly trickling in. Once they are here and covered the titles will be up on the Paparoa Community Facebook page for all to see.

Our hours for the Christmas New Year Break will be:

Last Day Thursday 23rd December - normal hours 11am - 4pm. We will then be closed until Thursday 6th January - normal hours 11am- 4pm.

Book returns - Skelton's Drapery

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Bright New Signage

We are excited to have purchased new signs for the Gallery.

Many thanks to Ruawai Lions who donated towards this purchase. The signs were designed by White Rock Committee and made by Total Signs, Dargaville, who did a brilliant job. You can't miss us now driving through Ruawai.

The move to Ruawai's Main Street has been beneficial and it's been lovely to welcome locals and passers-by. Big thanks to our Paparoa and Pahi customers who have visited and continue to support us.

Despite the rolling Covid shutdowns, we have had a successful few months since we opened in July. Facebook sales have also been good during the lockdowns and kept our name out there.

Our members have been very busy creating and the Gallery is full of ideas for Christmas gifts which are proving very popular.

There will be a new Exhibition of Art and Mosaics opening on December 1st and this will continue until the end of January 2022. Well worth a look.

Our Christmas raffle, of donated items by members, will be on display with tickets available for sale in the Gallery. White Rock Gallery wishes everyone a very happy Christmas and hopefully a more settled New Year.

Any enquiries regarding membership of White Rock or about being a Friend of the Gallery contact Lorraine whiterockgallerynz@gmail.com or 0212508613

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A huge thank you to all of the volunteers that joined us for a working bee on the second Friday of November. So much was achieved by the team of



24, many turning up with their own wheelbarrow and shovels. All the woodchip was moved to the pathways, compost was distributed, old plants were pulled out, beds were

fertilised, re-planted and covered with mulch, sheds were cleaned up and plastic pots sorted to take to for recycling. Tanks and soaker hoses were laid out. A great effort. Laura





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New Stall At The Market

Local (Heatley Rd), residents Michelle and John are now selling their honey at Paparoa Farmers' Market. Packaged in 500gm and 1 kg pots the honey is from their own bees. John came to beekeeping later in life after he completed courses in the subject. The honey is professionally extracted and is of a bush variety. Their stall is proving

be able to fill the gaps, please prompt them to contact info@paparoa.org.nz



Michelle & John

Despite a period of lockdown, the market has had a successful year. An increased number of regular stalls has proven its worth as a source of quality products, and continued to be a favoured gathering spot on a Saturday morning. The last market for the year will be on 18 December

8 January.

PPI

popular with customers looking to satisfy a healthy craving for sweetness.

The market has been advertising recently for an increased range of products to expand its already varied offering. As it is run along farmers market guidelines the stalls must be genuine originators of the products. In particular, producers of specialty fruits and vegetables, artisan meats or cheeses and breads would be a welcome addition. If you know of producers or growers who may



Stallholder Norm with his flowers & kumara



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So it's easy to see why it was one of the treasures with gold and frankincense.

Merry Christmas
Vicky



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A challenge for this Christmas, as well as **shopping locally**, is to **reuse, repurpose, spend wisely** - and enjoy buying great gifts without blowing the budget.

The Op Shop is a great place to start! Bring the kids in for Christmas shopping for family and friends.

If you have any unused gifts from previous celebrations that you would like to drop off for others to buy and re-gift, these donations are really appreciated. Funds from our sales go straight back into our community, so your generosity is benefitting twice.

We appreciate small items, books, clothing, wetsuits and summer gear if they're clean and of high quality.

We do not have enough storage for winter clothing, so please save them until autumn next year. We have a lovely range of dress up costumes at present, so pop in if you need an outfit for your party or Christmas function.

Have you checked out all our summer reading material? Do you need clean rags for your garage or workshop?

Opening Hours

Monday 10am-1pm

Wednesday and Friday 10am-3pm

Saturdays twice a month 10am-1 pm (check Facebook or ask in the shop for next date)

We're opening some extra Saturdays towards Christmas and will confirm opening hours for January on Facebook.

On Behalf of our Team
Andrea

Maungaturoto RSA



Hello everyone

We had a very successful quiz afternoon on Sunday 31st October. Thank you to all who attended and made it so successful. It wouldn't have been such a success without the wonderful sponsors so please shop locally and support them. Below are the wonderful sponsors: Maungaturoto Hotel, Ollies Café, 4 Square Maungaturoto, Kaipara Cabins, Dreams, Orrs Pharmacy, Garnetts Tyres, Amour Beaut'e, Gary Morris, Greenspace Plants, Thirsty Tui, Maungaturoto Liquor Centre, Coast Café, Tulips, Fergus 100%, Kaipara Landscapes and RSA Kitchen. Thank you to our great Quiz Master "G".

We hope you have a happy and Healthy Xmas and New Year. So remember we will be open over the Christmas and New Year Fridays and Saturdays.

Graeme Bond 0210 2393045.
President

Library Strategy Consultation

If you don't already use Kaipara Libraries, we want to hear from you- and if you are one of our library users, we want to hear from you too. Help us to re-imagine our libraries.

We are developing a plan that will guide the development of Kaipara's libraries for the next ten years and we want to know what you think would really make a difference.

If you do use a library what would make it better?

And, if you don't, what would make you would want to go? What sort of services would it offer?

Can you get to a library? Should it come to you?

Please take some time to answer the questionnaire on our website at www.kaipara.govt.nz/news or pick up a form at the Paparoa Library.

KDC



OCS December News

Where has the year gone? We're back with our last newsletter for 2021 and Christmas is right around the corner. We apologise for the lack of social events these past months- Covid 19 and the lockdowns sure have spoiled a lot of plans for everyone- but it's better to be safe than sorry. Covid doesn't seem to be going away anytime soon, so we will all eventually adjust to it and learn to live with it- with protections in place of course. This year has brought many challenges but overall we think our community has dealt with it well and we've helped a lot of people in their time of need. It is a pleasure for us here at OCS to be able to help make the lives of those in our community a little easier. We achieve this with donations from many wonderful and generous groups and individuals. Words alone do not seem enough to show our appreciation however we can continue to show our gratitude to everyone who has given so kindly throughout the year. We will close on Wednesday 22nd December and reopen on January 10th. Best wishes everyone and may your Christmas be a happy and safe time for you and yours. We look forward to another great year in 2022.

From the team at OCS



Maungaturoto and Districts Rotary

When people are isolated there are alternative ways of being involved with each other via Zoom and Teams. The former allowed us to join in with Takapuna Rotary some weeks ago. They had Dr Dave Gerard as their invited guest (he won the 200m Butterfly at the 1966 Olympics, has been Chef de Mission for a number of Olympic games and is now Chairman of an international anti-doping organisation.) He spoke of the importance of children and teenagers being involved in a wide variety of sports and, secondly, for all aspiring athletes to have a life outside, or to plan for a life after sport.

Our Club has become affiliated to the Maungaturoto Country Club which will give us a chance to look at areas where we can support them. The first project is an upgrade and widening of the walking track. It is also hoped to make the track more user friendly for bikers as well as walkers.

We have decided to donate \$600 towards an Emergency Response kit- a great Rotary project providing equipment in a box in disaster areas.

Also, for the first time in a number of years we have a Rotary Youth Leadership candidate. This week long camp for 20 to 28 year olds provides an excellent base for those young people who aspire to becoming leaders.

Our driver mentoring scheme is going well and we have had several successes in recent weeks. Obviously Covid levels have limited out driving time which has meant several students have had to rebook their licence attempts. While this is winding down now, if you know of anyone interested please get them to complete an application form so we can support them in attaining their restricted licence.

We had an excellent talk from Fiona Kemp (formerly a kaiawhina at Otamatea High) who is now working in the environmental arm of Te Uri O Hau. One of her areas of focus is to help prevent the sedimentation of the Kaipara Harbour through fencing and planting in conjunction with KDC and NRC. There is funding available for provided the land owner is willing to contribute as well (usually in the provision of labour and time). She is also involved in a project to stop soil erosion on Mts Pukekaroro and Pukearenga. They are also hoping to extend this to seed collection and propagation.

On Friday, 19th November, our senior citizens were treated to a fantastic hour long concert by pupils of Maura Flower. As the competitions were cancelled this year, the youngsters were given a chance to perform in front of an audience. We have many talented youngsters in our community and all present were uplifted by the presentation.

We would like to wish you and yours a very Merry Christmas and a positive New Year. Stay safe and enjoy your time with friends and family.

Eileen Parsons 021 142 0357
Maungaturoto & Districts Rotary Club

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The Kauri Museum AGM

Friday 3 December 5.30pm
Matakohe Memorial Hall

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09 431 7417

PLEASE NOTE: Covid Protection
Framework rules apply to this meeting:
attendees will need to present their
Vaccination Pass to gain entry.

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Science Corner



How Does A Venus Flytrap Shut Its Trap?

Venus Flytraps are carnivorous plants that catch flies/insects to add nitrogen to their diet. Carnivorous plants are usually found in environments like swamps which are deficient in nitrogen. They produce a set of jaw like leaves that curve outwards are stimulated to close when an insect lands on them.

How do they do this?

The hinged leaves produce a sticky sap which attracts the insects. The lobes- or leaf halves are at this point curved outwards. The insect crawls into the leaves for the sticky sap brushing the leaf 'hairs' which in turn, change this mechanical energy into electrical energy.

The little electrical charge this makes, moves to the centre of the trap and sends signals which open up the cell pores in the outer layer of the leaf lobes letting water flow into them. This sudden big change in cell pressure (turgor) causes the leaf lobes to suddenly curve inwards and snap shut trapping the insect. Once the insect is digested by the plant (about 10 days) the reverse occurs and the trap reopens.

How does this electrical charge work?

All cells have a membrane to separate inside from outside and only very small molecules can pass through - but there are special channels or pores in the membrane through which charged particles or ions can move. Like potassium, sodium, calcium etc. Whenever a membrane separates different concentrations of ions it creates the potential for an electric current. This is not random. There are channels and gatekeepers regulating this flow. This control of ions passing is called an electrical signal.



Humans and Venus flytraps use the same potassium channel as do other living things!

Stella

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Pets in the Valley



Not all animals are well designed for hot summers. With the lovely rain we have had through November the hot days are also very humid and this can become too hot quite quickly. So do everything you can to give animals options to keep cool - plant shade trees strategically- as the saying goes 20years

ago was the best time to do this but now is second best. Clipping longer and or denser furred animals can make a huge difference to their well being. Not every animal enjoys being clipped but they all seem to be happier afterwards.



Having a wallowing place of some sort is good for lots of dogs. You can get those plastic shell sand pit things very cheaply and fill them with water for an instant swimming spot.

Beware of getting some breeds that suffer from respiratory distress all too easily - like pugs and bulldogs. Once things heat up they can get in trouble easily. Overweight animals can't cool down as well as they should so don't give too many holiday treats out if they are getting a bit tubby. Or as one dog has taught its owners- turn the air conditioning on- he just lies on the floor under the unit until someone figures out he's feeling too warm!

Enjoy the holiday season, Janine

December Gardening Notes

In these very trying Covid times- somehow finding a balance brings one back to the basics of life.

I can tie myself up in knots in anguish about the news, the family, responsibilities and such.

Or I can get up and walk outside, pick up my tools and weed, divide, breathe, transplant and tip-prune.

And sow and feed and breathe.

And I can imagine the summer and breathe.

And, I ever so slowly, inevitably,

Unwind.

This month offers some of the first 'fruits of your labour' in the veggie garden - courgettes, early producing squash and potatoes will produce in time for the Xmas day table. Beans, especially dwarf, will be ready to harvest and regular picking will encourage them to keep producing over a longer period of time.

Strawberries are now producing well due to regular rainfall and hot sunny days. They are producing large sweet berries - great for topping the pavlova and adding to the fruit salad.

Successive sowings/plantings every 3/4 weeks of beans, potatoes, sweetcorn, pumpkin, squash, tomatoes, capsicum, salad greens and herbs will ensure continuous crops over summer and well into the autumn. Planting companion plants eg French marigolds can help deter pests such as whitefly, alongside basil, chives, onions and nasturtiums.

Tomato plants which have been staked at planting will require regular attention. Remove the lower side shoots to allow more energy to be put into the rapidly growing plant and fruit. Also remove the first leaves as they discolour, touch the ground and die off, thus cutting down further possibility of disease - and put them in the rubbish bin rather than compost. Tie the stems to stakes with elasticised strips, such as stockings, as the plant grows. Spray every 12-14 days with copper oxide chloride, especially during hot, humid and damp conditions, to help ward off blight and early rot in fruit.

Staying on top of the weeds before they set seed can seem never ending but will cut down the amount of weeding required over the summer and autumn.

Continue applying slug and snail bait to young tender plants, which are best planted out in the cooler parts of the day. When planting brassicas protect them from the white butterfly caterpillar by covering with netting over a frame (I use hoops of No. 8 wire) or regular dustings of derris dust.

Merry Christmas and all the best for 2022

JR

Nicky Reid

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OUT & ABOUT AROUND TOWN

Paparooa's Farmers' market happens every Saturday morning, 9am- 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Please note: The last Farmers' Market for 2021 will be Dec 18. The market returns on Jan 8 2022.

Flax Weaving At Shop & Brew on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

The Thirsty Tui looks like the place to go with a delicious Christmas set menu starting from Dec 8. Plus a fabulous new summer menu.

Please remember to scan in when visiting local businesses. The past year has proven how important it is to know where you've been. You can also track your own movements by logging into Google Maps, tapping on your personal icon at the top, then tap on "Your Timeline". You can then tap the arrow next to "Today" to select a date.

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Anglican Services In Maungaturoto & Paparooa In December

December 5th

Morning Prayer - Holy Trinity, Maungaturoto, 10am
Holy Communion - St Marks, Paparooa, 2.30 pm

December 12th

Holy Communion - Holy Trinity, Maungaturoto, 4pm
Café Service - St Marks, Paparooa, 10am

December 19th

Carol Service - Holy Trinity, Maungaturoto- 10am
Carols and Communion - St Albans, Whakapirau- 2.30pm

December 24th

Christmas Eve Eucharist - Holy Trinity, Maungaturoto, 9pm

There will be no services in Maungaturoto or Paparooa on Christmas Day or Boxing Day. However, there will be Holy Communion offered at Christ the King, Mangawhai and St Pauls, Kaiwaka at 9am that day.

May you all have a happy Christmas filled with many blessings.

St Mary's Catholic Church, Maungaturoto Christmas Service will be held on Friday 24 Dec. Carols at 4.30pm, Mass at 5pm.



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WHAT'S ON - DECEMBER 2021

The Kauri Museum open 7 days, 9am-5pm

AGM - Friday Dec 3, 5.30pm, Matakoho Memorial Hall. See Ad p11.

Pahi Annual Women's Fishing Competition - Saturday Dec 4 - Weigh in 4pm.
Great prizes. Ph 027 285 1408 for more details.

Kaipara Hunting & Fishing - Christmas Shoot, Dec 12, 10am, Hames Rd
Maungaturoto. More info p2.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa

Ararua Church 10.30am every Sunday. All welcome Ph 431 6622

Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554

Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163

Exercise to Music Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418

Farmers' Market Every Saturday 9-Noon, Village Green, Graham 027 475 4490

Grey Power Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto

Grow Paparoa Thur/Fri/Sun 10am to 2pm at the Community Gardens

Holy Trinity Anglican Church, Maungaturoto, 1st & 3rd Sundays, 10am;
2nd & 4th Sundays, 4pm. All welcome

Kaipara Marching Team Weds 4-5.30pm, M/gto, Ph Rose Plunkett 431 7418

Line Dancing Thurs 10am-noon Paparoa Hall Ph Rose 431 7418

Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520

Matakoho Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689.

Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm

Maungaturoto and Districts Rotary Club Maungaturoto Centennial Hall,
Tuesday evenings 6pm, Ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262

Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884

Pahi Hall available for hire Ph Tina 0210335128

Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or 431 7520

Paparoa Garden Circle 2nd Wed of month. Contact Raylee Over 431 6880

Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290

Paparoa Library Tues & Thurs 11am - 4pm, Saturday 10am - 1pm

Manager Jas Futter 022 678 1474. Returns Box at Skeltons

Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome

Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz

Paparoa Primary School Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379

Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330

Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month
6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128

Selwyn Centre Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224

Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148

St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Sunday

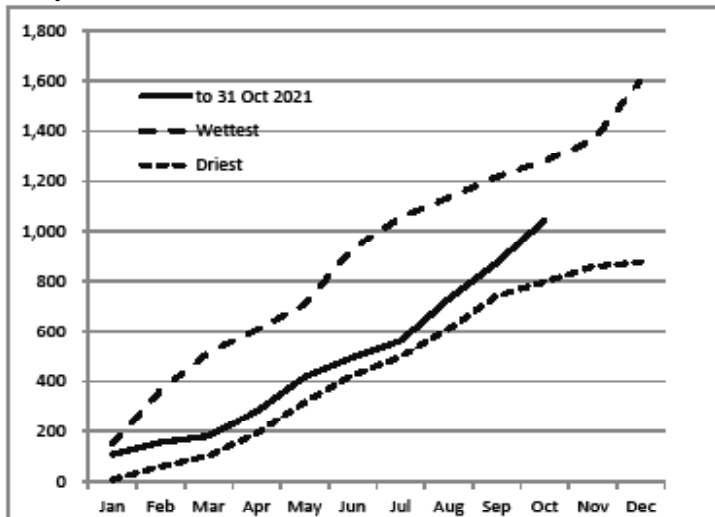
Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

Tennis Mondays 9.30am, 6pm Tuesdays Ph Sue 431 6224, or Pete 021 056 7163

Yoga Monday 6pm Maungaturoto Hall, Tuesday 9.30am Chair Yoga Paparoa Sports
Pavilion, Tuesday 4.15-5.15pm, and 5.30pm Matakoho Hall. Ph 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Paparoa Rainfall To 31 October 2021



LOCAL TIDES for December 2021

TIDES - CALCULATED for PAHI-WHAKAPIRAU

| DATE | LOW | HIGH | DATE | LOW | HIGH |
|------|-------|-------|------|-------|-------|
| 1st | 15.04 | 9.08 | 17th | 16.53 | 11.03 |
| 2nd | 15.58 | 10.02 | 18th | 17.31 | 11.41 |
| 3rd | 16.48 | 10.53 | 19th | 18.08 | 12.16 |
| 4th | 17.38 | 11.24 | 20th | 6.24 | 12.51 |
| 5th | 6.02 | 12.31 | 21st | 6.59 | 13.26 |
| 6th | 6.51 | 13.20 | 22nd | 7.34 | 14.01 |
| 7th | 7.41 | 14.10 | 23rd | 8.10 | 14.38 |
| 8th | 8.31 | 15.02 | 24th | 8.49 | 15.19 |
| 9th | 9.24 | 15.57 | 25th | 9.31 | 16.04 |
| 10th | 10.19 | 16.56 | 26th | 10.19 | 16.54 |
| 11th | 11.19 | 17.58 | 27th | 11.14 | 17.51 |
| 12th | 12.24 | 6.35 | 28th | 12.17 | 6.21 |
| 13th | 13.31 | 7.40 | 29th | 13.25 | 7.25 |
| 14th | 14.33 | 8.42 | 30th | 14.32 | 8.32 |
| 15th | 15.26 | 9.36 | 31st | 15.34 | 9.35 |
| 16th | 16.12 | 10.22 | | | |

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
Mangawhai Office..... 0800 100 388

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Jim Rowlands..... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

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OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

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PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 09 431 7209

PARENT PORT Inc. free help for families Linda 09 425 9357

YOUTH & WHANAU FOCUS South Kaipara, Rose09 431 7418

A Zero Waste Christmas

While it's probably impossible to be completely waste free, there are plenty of things we can do to minimise our waste - especially at Christmas. We are tempted by shiny plastic things that often just end up in landfill - thus hastening the need for new ones to be created.

Try making sustainable choices, not only in gifts but also in gift wrapping and the food and snacks you buy for Christmas day.

Gifts can be wrapped in newspaper, brown paper, paper supermarket bags, tea towels, scarves, old maps... the choices are endless. Make fabric bags and use them year after year.

Buy gifts that are recyclable or homemade and/or edible.

Buy nuts and sweets at bulk bins and use your own bags or containers.

And don't despair if there is still rubbish at the end of it - Rome wasn't built in a day! There will be less if you try - and don't forget to recycle what you can.

MB



5 Questions for Babe Kapa and Val Faulkner

How long have you lived in the area? We'd been 'Weekend' people for 20 years, before moving here permanently a year ago.

What brought you to the area? I was born here and my family are in the area, I brought Babe into this region (Ngāti Whātua) from Ngāpuhi. My grandmother Ann Cawkwell, was still alive when I first starting commuting here, which was a deciding factor in the purchase of property in the area.

What do you do here? Previously we both had careers in media, marketing, and education; now Babe works full time for the Ngāpuhi Rūnanga and I have a number of jobs, and help my father on his Kokupu farm. (Val has also just been appointed as Community Activator for Progressive Paparooa. Ed)

What do you like about the area? Its the best of both worlds, a laid back west coast feel within driving distance of major cities (when not in lock down). Lots of creatively talented people. A market, great cafe life, and an awesome community. Beach and water access, and plenty of space. We love the diversity of this area. It's also only 12 minutes Whangarei hospital by helicopter.

What things would you like to see happen here? We already love it here but we'd like to support and build on community activities; a local movie night, festivals and celebrations, music, art and dance. In particular we'd love to see more walking tracks especially dog friendly.



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